Name: $\qquad$
Group members: $\qquad$

## TAM 210/211 - Worksheet 5

## Objectives:

- Evaluate moments in 2D and 3D problems
- Obtain resultant forces and moments for equivalent systems.

1) Draw the forces and resulting moment that acts on a wrench when unfastening a nut.

2) Sketch a diagram of the forces and moments acting on a bottle opener.

3.i) A rotational moment in the knee is generated by the force from the hamstrings $\left(F_{H}\right)$ and the force from the quadriceps $\left(F_{Q}\right)$. The diagram for each muscle is given separately. On the blank knee diagram, draw the forces and resulting moment that acts on the knee when it is in a flexed position.

3.ii) The force generated by the hamstrings and the quadriceps are 845 N and 1500 N , respectively. Using Figure in problem 3.i, determine the moment of the force about point $O$ using the scalar formulation.
3.iii) Using Figure in problem 3.i, determine (a) the $<i, j, k>$ components of $F_{H}$ and $F_{Q}$, (b) the moment of the force about point $O$ using the vector formulation, and (c) the moment of the same force about the x -axis. (d) Is the knee flexing or extending?

Rotational moments are often seen in beam applications. The following examples are of beams that could be found on a space station!

4) Using Figure 3 (Fig. below), determine the magnitude of F so that the resultant couple moment is $600 \mathrm{lb} . \mathrm{ft}$ counterclockwise. Where on the beam does the resultant couple moment act?

Figure 3

5) Replace the force system acting on the beam in Figure 4 (Fig. below) by: (a) an equivalent force and couple moment at point O , and (b) an equivalent force distance $x$ to the right of $O$. Sketch your equivalent system on the right side of Figure 4.



Figure 4

